

CLAUDINE ICKERINGILL SINCE 1990

Dry Eye service at CI Optometrists

What is dry eye?

Dry eye disease and blepharitis are general terms for a range of issues with the eyelids and the outer surface of the eye that cause redness, soreness, blurred, inconsistent vision and sometimes excessive watering of the eyes.



It can cause irritation that in some cases can dramatically affect your quality of life. It also causes blurred and inconsistent vision causing



smeariness and glare as well as cosmetic issues with the eyelids as they look red and sore

What do we do at CI Optometrists?

The Traditional management of dry eye has always been eye drops, hot compresses and eye wipes. This can really help but is difficult to comply with and for many clients is not enough.

At CI Optometrists we now offer a comprehensive in practice treatment service centred on our new state of the art Rexon Eye QMR dry eye machine.



What is RexonEye and QMR

This amazing technology gently vibrates the cells of your eyelids, kickstarting the cells' metabolism and reactivating the cell itself. This reduces inflammation within your eye and improves the quality and quantity of the production of your tears. Making your eyes feel better and look better. It can also improve the quality and stability of your vision and reduce glare. The treatment is totally safe and feels absolutely great. It's like a spa treatment for your eyes.



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How the service works

Our RexonEye treatment is set over 4 appointments at weekly intervals.

60 minute initial appointments

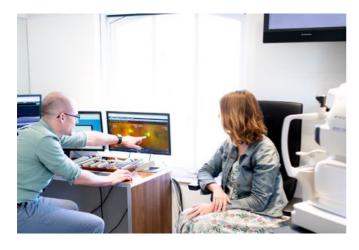
- We take a detailed history about your eyes and general health to help us understand more about you and your eyes.
- We run through a survey to help us grade the severity of your dry eye. We then take detailed clinical measurement to benchmark and understand the type of dry eye you are suffering from. You then get your first 20 minute RexonEye treatment.
- We then set up your treatment plan and discuss any at home products to use to supplement your treatment.



 Your 40 minute follow up appointments will be at weekly intervals. Each one with a 20 minute RexonEye treatment. Relax on our super comfortable reclining chair with your chosen music on in the background.







Final appointment

- Your 60 minute final appointment will include your last RexonEye treatment.
- We then take final measurements to check progress against the benchmarks.
- -We revisit the questionnaire to check progress.
- -We finalise an ongoing treatment plan for you to maintain the progress made.

Ongoing Care

You then return for a yearly 60 minute appointment including a RexonEye treatment to maintain the progress made by the treatment.



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Costs of the service

Pay as you go:

£800 - For full treatment cycle of 4 sessions

£250 - For yearly follow ups.

CI Club:

CI Club is where you get all your eyecare for a small monthly payment.

The benefits include:

- Routine eye care covered
- Emergency eye care covered
- 20% off glasses and sunglasses
- Accidental damage support on your glasses and sunglasses.
- 10% off dry eye accessories



- The initial cost of the Rexon eye treatment is reduced to £600 for CI Club members.
- Your monthly Direct Debit payment then covers all of your eyecare including your Full detailed eye examinations and your yearly Dry Eye RexonEye follow up appointments.
- See the table below for the monthly costs.



Frequency	Frequency	Monthly	Initial cost of
of eye test	of RexonEye	Ongoing Cost	treatment
12 months	12 months	£30	£600
18 months	12 months	£27	£600
24 months	12 months	£25	£600

For more information have a look at the companies website:

https://www.resono.it/rexon-eye/

Also read this pub med article on the efficacy of the RexonEye.

https://pubmed.ncbi.nlm.nih.gov/35851496/